Briarwood Healthcare Center

605 Greenwood Dr. Iowa City Ia. 52246 | 319-338-7912 | www.briarwoodhcc.com

Only three more weeks until it is officially Spring! Many people, including myself are looking forward to the arrival of the constant warm and sunny weather (fingers crossed). It is also nice to have the daylight continuing to stay longer each day. This also means it is time to shake away the winter blues. Daylight savings time is on March 10th. Don't forget to turn your clocks forward 1 hour. With the arrival of **Spring comes Spring** cleaning. We will be doing some extra cleaning in offices, storage rooms, etc. and ask family members to take a look and see what can be cleaned out. Finally, I would just like to take this opportunity to say "thank you" to everyone involved with Briarwood, Residents. family members, volunteers, employees, owners, visitors all make Briarwood the wonderful facility that we are. I am proud every day to say I am part of something as special as Briarwood.

Activity News

The weather has sure made it feel like spring has already sprung. Although I have no doubt we will have a few cooler days we are sure getting excited to be able to start planning for some outdoor activities! Plans will soon be under way for all our gardens and flowers!

In March we celebrate both St. Patrick's Day and Easter. Please remember to reserve early if you would like a space to celebrate Easter.

We will be resuming outings this month! Friday the 15th will be a normal lunch outing. Friday the 29th we will be taking a shopping outing to the mall and getting lunch while we are there. We are permitted to take 4 residents at a time on the outings. We make sure to have myself and 1 other employee available. Family members are encouraged to attend. You are welcome to come and ride the bus with your resident or meet us at our destination. We always have such a good time. Please stop and inquire as to what dates are available to sign up for! The pictures in this months newsletter are from February 22nd, National Margarita Day! Some of our ladies playing instruments during Music Therapy, and our "Air" Hockey games.

Activity Director- Susan P.



Sunday afternoons Steve (one of our residents) would like to play cribbage. He is willing to teach you how to play. If you have interest please just ask staff to assist you in getting to the Day Room by 3pm. If you have any questions please feel free to stop by the Activity Office. Happy Card Playing!

















As spring time approaches as our flying friends return please be sure you are using waste free or shell free bird seeds.









Resident Birthdays

Bob Wachel Betty Kann

03/13 03/14



Employee Birthdays

Aidan Eubank	03/10
Delaney Baldwin	03/11
Lexi Norris	03/19
Hannah Sellers	03/22
Amelia Tiili	03/23
Brandy McAtee	03/25
Rachael Jones	03/27



Employee Anniversaries

10 Years

2 Years 2 Years

2 Years

Janet Nierling
Carlee Miller
Rachel Jones
Sean Phillips